

princesschronicles

January 2009



2009...Welcome one and all to a new year! Is it everything you had hoped

for so far?! **Here's the thing**...Trouble with New Years is after the crazy month of December the old year comes to a screeching halt and although it happens every January 1st, there is a brand new year that needs attention! You need way more energy going in to a new year than any festive party. What happened last year that needs improvement? What list of "to-do's" needs to happen in this year? Do some things need to change? What needs to stay the same? Do I pick a path or let the gods take me on a journey? Let's be honest...first thing on the to-do list is...stop asking so many questions and making so many lists.

Carpe Diem...live every day to its fullest and for heaven's sake live your life to your full potential. You don't need a new year for that, just a new day.

Princess Tess

Techno things you gotta have this year...or not

If you thought the Nintendo Wii was all the rage last year just wait to see what is hot for this year. The top five new things to buy in 2009 are as follows:

1. Latest Smartphone
2. High Def TV
3. Internet Video Service
4. e-Book Reader
5. NetBook

By far the two most fun and what may be useful gadgets for a

Princess are the Smartphone and the NetBook. The Netbook

is a smaller version of a laptop computer with most of the same capabilities. With half the amount of storage it may not be for you but generally the average consumer doesn't use as much storage on their computer as say a graphic designer or an illustrator. The Smartphones out there now are fab but will keep getting better as all the techie giants keep working to trump the last great phone. Leave the High Def TV for the guys...let's be honest...we don't really need to see Nikki Newman that clearly. The Internet Video Service will clearly change the world of "renting a video" for the weekend. The e-Book Reader will never take away the fun of curling up with your favourite rag mag no matter how convenient it might become.

If the whole techno world is not your thing don't think you are being left behind. As long as you have a radio you can still hear what is going on in the world. If you have a regular desktop computer with Internet you can still keep in touch with people.





At the Bar...

Let's get the new year started on a wild and crazy note...

mango rum anyone?

Take a glass with ice...pour some mango rum in and mix with either pineapple juice, cranberry juice or maybe Fresca.

VOILA!

A Thing of Beauty

*If you really want to put a smile on someone's face...send a card the good ol' fashioned way, in the mail. A **Princess** will always appreciate the time it takes to write a few nice thoughts down and post them in a hand picked note card.
Be an original! Post a card!*



Hot or Cold Weather...Moisturize!

This may be winter in the northern hemisphere but it's summer in the south so remember that no matter the weather keep your skin hydrated. Keep your water intake up too...the more water your drink the less your body retains. We've already got enough extra stuff on us after the holidays. Why **bloat** if you don't need to?

A little lesson on Afternoon Tea

*Anna, 7th **Duchess** (figures) of Bedford, is reputed to have originated the idea of afternoon tea in the early 1800s. She conceived the idea of having tea around four or five o'clock in the afternoon to ward off the hunger pangs between lunch and dinner. Some time earlier, the Earl of Sandwich (seriously) had the idea of putting a filling between two slices of bread. These habits soon became a good reason for social gatherings.* Courtesy of The Tea Council



Love it or Leave it Valentine's is coming!

Look out for our February Issue for all your love needs.

Please pass this edition of **princesschronicles** on to anyone you think would be interested.

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